

**OUR GOAL IS TO TIP THE BALANCE TOWARD RESILIENCY AND AWAY FROM DRUG USE IN RURAL ALBERTA.**

How? By having youth and community members first acknowledge the weighty effects of lacking healthy social skills and opportunities, then create and participate in opportunities to 1) develop important social skills and 2) engage in healthy activities that **displace drug use**.

OBJECTIVE	ACTIVITIES	Timeline	Who Is Responsible	Partners & Their Contribution	Other Resources Required		OUTPUTS / DELIVERABLES	OUTCOMES/IMPACTS
<p>Objective 1 – within a 9 month span, train 16 classes of a maximum of 30 students each with practical, experiential learning opportunities to discourage drug and alcohol use.</p>	<p><b>1. 16 In-Class Learning Sessions</b></p>	<p>2-3 per month during the school year.</p>	<p>Facilitators and Project Coordinator</p>	<p>Lakeland PARTY will contribute office space for overall administration of the entire project and materials for in-class sessions</p>	<p>Travel, ice breaker games materials; class materials</p>		<p><b>Learning sessions themselves</b></p>	<p>1. Students will</p> <ul style="list-style-type: none"> <li>a. demonstrate bridging and relationship building skills by actively participating in at least two ice breaker activities in a supervised environment with an adult guide.</li> <li>b. identify factors affecting risk and drug and alcohol use by participating in a group discussion that explicitly addresses at least 5 such factors (e.g., parent's opinions, friends, personal goals and values, boredom, social skills, etc.).</li> <li>c. explain strategies and motivations of drug pushers offering free drugs</li> <li>d. suggest strategies to protect themselves against exploitative uses of date rape and other drugs.</li> <li>e. name or explain how to contact at least one community resource (e.g., AADAC) that can help them with drug and alcohol related issues.</li> <li>f. explain at least 3 ways that welcome wagons can help new students avoid drug and alcohol use.</li> <li>g. use bridging skills in a welcome wagon program to help people new to a situation avoid drug and alcohol use.</li> </ul>
	<p><b>2. 16 In-Class Evaluations</b></p>	<p>During and after each in-class learning</p>	<p>Facilitator and Evaluator</p>		<p>Evaluation materials</p>		<p>Survey and interview data; reports</p>	<p>2. Improved ability to deliver this and similar projects</p>
	<p><b>3. 16 Student-led Activities</b></p>	<p>Following each in-class learning session</p>	<p>Project Coordinator</p>	<p>Resources from community businesses and agencies to be determined with each activity</p>	<p>Activity Funds, travel</p>		<p>16 Community Activities</p>	<p>3. The activities will displace and discourage drug and alcohol use in the short term but also in the long term by providing youth with key social skills and practice to help them make the lessons learned be realistic, relevant, and lifelong.</p>
	<p><b>4. 16 Student-led Activity Evaluations</b></p>	<p>within 2 weeks of each activity</p>	<p>Project Coordinator and Evaluator</p>				<p>Database and 16 reports</p>	<p>4. Improved ability to deliver this and similar projects; community buy in.</p>
	<p><b>5. Generate 6 Status Reports</b></p>	<p>Monthly</p>	<p>Project Coordinator</p>	<p>Lakeland PARTY will contribute office space for overall administration of the entire project</p>			<p>6 Reports</p>	<p>5. Community support and change management.</p>

**The essential outcome of Objective 1 was informed and socially skilled youth engaging in positive sports/recreation/social activities at times when they would otherwise be likely to engage in drug use and other undesired behaviours**

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<p>Objective II – train at least 1 teacher per school and improve and finalize a user-friendly manual to facilitate delivery of the program by teachers.</p>	6.16 Teacher Training Sessions	along with delivery of the learning sessions and student-led activities	Facilitator and Project Coordinator				<p>Training sessions themselves and a list of trained teachers</p> <p>6.This will represent a cadre of willing and able people prepared to sustain the project and its goals.</p>	
	7. Teacher Evaluations	Ongoing during in-class sessions and student activities	Evaluators and Project Coordinator	Lakeland PARTY will contribute office space for overall administration of the entire project	Evaluation materials		<p>Database and summary report</p> <p>7.Improve the final document and overall ability in the community to meet the goals of this project.</p>	
	8. Teacher Focus Group	After all class activities are completed	Project Coordinator and Moderator	Venue provided by École des Beaux Lacs, some evaluation materials	Travel, incentives, meals, recording equipment		<p>Focus group itself and a summary report to guide future activities</p> <p>8.Collaboration and knowledge added to the final teacher's document and knowledge base.</p>	
	9. Updating and finalizing of pilot Teacher's Manual	end of the project.	Project Coordinator	Lakeland PARTY will contribute office space for overall administration of the entire project	Data and reports from training and focus group		<p>Finalized and approved document for teacher training</p> <p>9.This general resource document for teachers will support the goals of this project over the long term by providing teachers resources including lesson plans, evaluation strategies, and potential links to funding resources.</p>	

The essential outcome for Objective II was sustainability of the program within the community, based on a program established with a very high level of engagement leading to a cadre of trained teachers willing and able to implement the program using an updated and approved manual.

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<p>Objective III – secure community level support and participation as evidenced by donations of time, money, services, etc., formal agreements, and public demonstrations of support (e.g., signs, hosting activities, etc.) from agencies, businesses, and individuals.</p>	10. Community Surveys, Consultations, and Interviews	Ongoing over the course of the project as each activity is done	Project Coordinator and Evaluator		Travel, evaluation materials		Data	10. Improve community support and participation.
	11. Make and Attend Community Presentation	Near end of project; possibly at community registration day.	Project Coordinator		Interim reports from activities; display materials and supplies; rental of		Dissemination	11. Inform community and increase support and participation.
	12. Create and Distribute 6 Press Releases and School Newsletter Articles	Approximately monthly over the course of the project	Project Coordinator	Lakeland PARTY will contribute office space for overall administration of the entire project	Data from student-led activities; Community newspapers and schools to publish reports		Press releases and newsletter articles	12. Garner community support; keep public informed; communicate with parents.
	13. Community Focus Group	After all student activities are done.	Project Coordinator and Moderator		Venue, incentives, meals, evaluation materials,		Focus group itself; summary report	13. Garner community support; keep public informed
	14. Make Final Reports	End of project	Evaluator and Project Coordinator	Lakeland PARTY will contribute office space for overall administration of the entire project	Data and reports from project; printing costs, etc. for dissemination		Summary and detailed reports to board, financial closure, final comprehensive report; Final Report to Stakeholders	14. Share lessons learned, help future efforts to decrease drug use
								<p>The essential outcome for Objective III was increased community capacity and community level support for the program itself and its overall goal of decreasing drug use in youth.</p>